

# 1<sup>st</sup> ENOSS CONFERENCE

7-8 November 2019  
SLZB | Berlin, Germany

## THE NEXT STEP

Creating a European Network  
of Sport Schools

**ENOSS**  
European Network of Sport Schools



# THE IDEA

In the EU, the number of athletes in need of dual career support services adds up to more than 120.000 in every Olympic cycle (European Commission, 2016). Within competitive systems, European sport schools play a crucial role in the development of human talent. In fact, their quality of services provided in cooperation with policy makers and sport bodies is of vital importance for sustainable pathways of aspiring athletes, in amateur as well as in professional sports.

Despite the history of sport schools in the EU, a specific network between these schools on European level still does not exist. For this reason, the Schul- und Leistungssportzentrum Berlin (SLZB), the Berlin Senate Department for Education, Youth and Families and the Federal Ministry of the Interior, Building and Community aim to foster the **implementation of a European Network of Sport Schools (ENOSS)**.

A systematization of international cooperation will substantially contribute to

- improve service quality within European sport schools,
- facilitate the mobility of talented athletes and practitioners, and,
- inspire the development of trans-national projects.



# THE CONFERENCE

The 1st ENOSS Conference from 7-8 November 2019 in Berlin is a valuable opportunity to **network and exchange with like-minded professionals in education and sport**. Day 1 is dedicated to "The Healthy Sport School". Acknowledged experts will share insights into their practice with talented athletes, spanning sport psychology, dual career and nutrition. Day 2 pursues the mission to initiate a European Network of Sport Schools. School representatives from all over Europe will brainstorm the requirements for and concretize the development of such a network. Join the 1st ENOSS Conference and become part of the next step of European sport schools!

## REGISTRATION

Find all details and register at [www.enoss.eu](http://www.enoss.eu)!

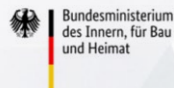
Conference fee: 50,- Euro (including lunch and dinner)  
End of registration: 9 October 2019

## CONTACT

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Senatsverwaltung  
für Bildung, Jugend  
und Familie



# THE PROGRAMME

7 November 2019, SLZB

Schul- und Leistungssportzentrum Berlin  
Fritz-Lesch-Straße 35  
13053 Berlin

The Healthy Sport School

8:00 a.m.	<b>Registration</b>
9:00 a.m.	<b>Welcome</b> <ul style="list-style-type: none"><li>• Senator Sandra Scheeres (Berlin Senate Department for Education, Youth and Families)</li><li>• Dr. Karl Quade (Ministry of Interior, Building and Community)</li><li>• Gudrun Götze (headmaster of the SLZB)</li></ul>
10:00 a.m.	<b>Sport psychology</b> <ul style="list-style-type: none"><li>• Markus Flemming (sport psychologist) <i>"Mental coaching at Sports Schools: Be prepared when it counts!"</i></li></ul>
10:45 a.m.	Coffee & Snacks
11:15 a.m.	<b>Dual career</b> <ul style="list-style-type: none"><li>• Andreas Huelsen (talent developer at the Olympic Center Berlin) <i>"Salutogenesis – From the choice of study to the study interest of elite athletes"</i></li><li>• Laurent Carnol (career counsellor of the Luxembourg Institute for High Performance in Sports, 3-times Olympian) <i>"Dual career &amp; well-being – the athlete's view"</i></li></ul>
12:45 p.m.	<b>Nutrition</b> <ul style="list-style-type: none"><li>• Dr. Angela Heesen (Berlin Senate Department for Education, Youth and Families) &amp; Jürgen Dietrich (Headmaster of the Brillat-Savarin School) <i>"The Holistic Approach: Educating the nutrition-conscious athlete."</i></li></ul>
1:30 p.m.	Lunch
2:30 p.m.	<b>Workshop</b> <i>"Challenges, practices, visions – The Healthy Sport School in Europe"</i>
4:00 p.m.	Discussion of workshop outcomes
4:30 p.m.	<b>Good practice</b> <ul style="list-style-type: none"><li>• Katrin Voy &amp; Michael Plönzke (Social pedagogues at the SLZB) <i>"Kitchen Olympus – A nutrition project of the SLZB" (incl. tasting of elite sport-friendly snacks)</i></li></ul>
5:00 p.m.	Closing of conference day 1
6:30 p.m.	Pick up from hotel and transfer to restaurant
7:00 p.m.	Dinner
10:15 p.m.	Transfer back to the hotel



# THE PROGRAMME

Olympiastadion Berlin  
Olympischer Platz 3  
14053 Berlin

8 November 2019, Olympic Stadium Berlin

The European Network of Sport Schools

8:00 a.m.	Pick up from hotel
9:00 a.m.	<b>Opening</b>
9:15 a.m.	<b>From a national to a European Network of Sport Schools</b> <ul style="list-style-type: none"><li>• Wolfgang Stockinger (Founder &amp; CEO of TW1N) <i>"TWIN Perspectives – The big picture of talent development and dual career"</i></li><li>• Kerstin Gießler (headmaster of Flatow-Oberschule) &amp; Matthias Rösner (headmaster of Schule im Olympiapark Poelchau-Oberschule) &amp; Grit Orgis (Berlin Senate Department for Education, Youth and Families) <i>"All good things come in threes – The Network of Berlin Sport Schools"</i></li><li>• Philipp Struwe (founder of ENOSS) <i>"The next step – Creating a European Network of Sport Schools (ENOSS)"</i></li></ul>
11:00 a.m.	Coffee & Snacks
11:30 a.m.	<b>Workshop</b> <ul style="list-style-type: none"><li>• <i>"Adding real value – Requirements for ENOSS"</i></li></ul>
1:00 p.m.	Discussion of workshop outcomes and next steps
2:30 p.m.	Closing of conference
3:00 p.m.	Guided tour through the Olympic Stadium Berlin (incl. lunch) – optional



A watercolor-style map of Europe is centered in the background. The map is divided into countries, each filled with a different color from a pastel palette including shades of blue, green, yellow, orange, pink, and purple. The colors blend into each other, giving it a soft, artistic appearance. The map is set against a light gray background with a subtle geometric pattern of overlapping triangles at the bottom.

# ENOSS

European Network of Sport Schools

[enoss.eu](http://enoss.eu)